

MARTIAL ARTS STRETCHES YOUR LIMITS

## Invitation

Norwegian Cup II / Kyokushin Open

Full Contact Karate

April 25th 2015

**Norges Kampsportforbund**  
NORWEGIAN MARTIAL ARTS FEDERATION

**APRIL 25th**  
**BERGEN**  
**NORWAY**

**Kyokushin open**  
Norges Cup 2

**Fullkontakt karate, Laksevåg idrettshall**  
**Saturday 25th of april**

**Billettpriser:**  
Voksne 100,- Barn/Honnør 50,- Familie 200,-

I regi av Norges Kampsport Forbund  
Teknisk arrangør: Bergen Karate Klubb

[www.kyokushin.no](http://www.kyokushin.no)

Technical organizer:

**Bergen Karate Klubb**

[www.kyokushin.no](http://www.kyokushin.no)

Organized by:

Norges Kampsportforbund

[www.kampsport.no](http://www.kampsport.no)

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Norwegian Marital Arts Association - Karate Division  
and Bergen Karate Klubb have the pleasure of welcoming all friends of Karate to the  
Norwegian Cup / Kyokushin Open in Full Contact Karate

### Time & Date:

Venue:	Laksevågshallen Address: Lyderhornsveien 42, 5163 Laksevåg, Norway
Date	Saturday, April 25th 2015
Program	<p>Friday April 24th: Hotel: Scandic Bergen City. 6:00 p.m. Information stand available in hotel reception. 7:00-9:00 p.m. Weighing and registration. 9:00 p.m. Referee meeting.</p> <p>Saturday April 25th: 8:00 a.m. Venue: Sportshall opens. 9:00 a.m. Free transport from hotel. 9:30 a.m. Medical check-up. (Full contact only). 10:30 a.m. Information meeting for team leaders. 11:00 a.m. Competition starts. 4:30 p.m. Competition ends. 4:45 p.m. Free transport to hotel. 8:00 p.m. Sayonaraparty.</p>

### Class and rules

Classes	
Full Contact w/knockout 18 – 34 y	<p>Women: light weight (-60 kg), middle weight (-70 kg), heavy weight (+70 kg)</p> <p>Men: light weight (-70 kg), middle weight (-80 kg), light heavy weight 1 (-90 kg), heavy weight 2 (+90 kg)</p>
Full Contact w/limitation From 18 y	<p>Women: light weight (-60 kg), middle weight (-70 kg), heavy weight (+70 kg)</p> <p>Men: light weight (-70 kg), middle weight (-80 kg), light heavy weight 1 (-90 kg), heavy weight 2 (+90 kg)</p>
Full Contact w/limitation 15-17 y	<p>Girls: light weight (-60 kg), middle weight (-70 kg), heavy weight 2 (+70 kg)</p> <p>Boys: light weight (-65 kg), middle weight (-75 kg), heavy weight (+75 kg)</p>
Full Contact w/limitation 13-14 y	<p>Girls: Light weight (-50 kg), heavy weigh (+ 50 kg)</p> <p>Boys: Light weight (- 55 kg), heavy weigh (+ 55 kg)</p> <p>Weight Classes may be modified as necessary to satisfy the requirements of maximum 10 kg weight difference.</p>
Rules	The Norwegian Martial Arts Association's rules for Full Contact Karate and Full Contact Karate w/limitations. See: <a href="http://www.kampsport.no/portal/pls/portal/docs/1/8684060.PDF">http://www.kampsport.no/portal/pls/portal/docs/1/8684060.PDF</a>

### Enrolment, starting fee, draw and registration

Enrolment	<p>For enrolment: use the enrolementform, and send to: E-mail: <a href="mailto:bo.vidar.larsen@gmail.com">bo.vidar.larsen@gmail.com</a></p> <p><b>Deadline: April 15<sup>th</sup>.</b></p> <p>Enrolment not sent via the attached form will not be accepted. Information on name, belt, age and weight must be included. Individual: Starting fee NOK 200,- for each participant per class.</p>
Starting fee	Starting fee must be paid in cash, 200.- NOK at weighing and registration. <sup>84v1</sup>

Draw	Lists and schedule will be handed out on competition day, April 25th.
Registration	Health certificate must be presented upon registration.
Referees	All referees are invited to be part of the judgement. Referees must be approved as referees in their organization. Participation at the Referee meeting is mandatory. Time and place: 9:00 p.m. Friday April 24th at Hotell Scandic Bergen City, Håkonsgt. 2.

General information	
Hotel / Accomodation	<p>Travel and accomodation is to be covered by each club/participator. Scandic Bergen City is the "Event Hotel".            Use the following booking nr: <u>KAR240415</u>            To be guaranteed rooms at this price, reservations must be made within Tuesday, March 24 2015.            – Respond quickly!</p> <p>Prices:            Single room, breakfast included: NOK 790.-            Double room, breakfast included: NOK 940.-            Trippel room, breakfast included: NOK 1140.-</p>
Banquet / Sayonara	<p>Venue for Sayonaraparty: Scandic Bergen City, Håkonsgaten 1-4.            Price: NOK 400.-</p> <p>NB: Remember to register how many participants that are attending the Sayonaraparty..</p>
Other info	<p><a href="http://www.kyokushin.no">www.kyokushin.no</a>      <a href="http://www.kampsort.no">www.kampsort.no</a>      <a href="http://www.visitbergen.com">www.visitbergen.com</a></p>

## Welcome to Bergen!



Photo: Bergen Tourist Board, Per Eide.